

## **Everything to know about the 2023 Texas State Weightlifting Championships:**

### **Texas State Weightlifting Championships – January 13-15, 2023 – Houston Texas**

#### **REGISTRATION TIMELINE**

1. Qualifying Period: October 1, 2021 – October 15, 2022
2. Register Interest: July 1, 2022 – October 1, 2022
3. Preregistration: October 1, 2022 – October 15, 2022
  - a. Open to everyone
  - b. No need to log into the website
  - c. No cost
  - d. Any registrations received on or after October 16 will go straight to wait list status
4. First Round Registration: October 23 – October 29
  - a. Entry totals to be validated October 16 – October 22
  - b. Invoices will be created and sent to those invited to complete registration
    - i. Must be paid by October 29 or the registration will be cancelled
    - ii. A team invoice may be created for teams that want to pay for a group of their members in a single payment
5. Second Round Registration: October 30 – Nov 4
  - a. Second round of invitations will follow the same process as First round
  - b. Invites will be sent to replace cancelled or declined invitations
    - i. Must be paid by November 4 or the registration will be cancelled
    - ii. A team invoice may be created for teams that want to pay for a group of their members in a single payment
6. Open Registration: November 5 – December 1
  - a. All remaining spots will convert to Open
  - b. Wait list will be invited to register November 5 – 11
  - c. First come, first served registration opens November 11 – December 1
7. Wait List: October 23 – December 1

Athletes will have one week to complete payment after acceptance or their spot is forfeited.

#### **VENUE:**

Sheraton North Houston at George Bush Intercontinental (\$104/night). [Book Hotel](#).

Please register early as this hotel will fill up.

#### **QUALIFYING TOTALS/Tier 1 or 2 Totals:**

None, see below for selection procedure.

#### **QUALIFYING EVENTS**

Any local meet in Texas

**NO online events or USAW National events.**

### Selection Procedure:

1. Maximum number of competitors will remain the same at 420 (State Championships)
  - a. Split among genders
    - i. Open – 75
    - ii. Masters – 75
    - iii. U20 – 60
2. All athletes will be ranked within their divisions based on a function of highest confirmed entry total (nominator) divided by the aged based national championship qualifying total (denominator)
  - a. An athlete will submit their highest qualifying total from a qualifying event during preregistration
  - b. These totals will be verified prior to invites being sent out
  - c. The denominator will be determined by athlete age in 2023
    - i. An athlete turning 21 in 2023 will be ranked with the senior qualifying totals versus junior qualifying totals
  - d. Ties will be broken using the below process
    - i. The date the total was posted
      1. If same date, lowest attempt of last successful clean and jerk (assume all events on the same date are the same event)
        - a. Example – Athlete A only made their first attempt and athlete B made all 3; Athlete A gets selected as they made the total first
      2. If same attempt, lowest made CJ
    - ii. Sinclair/SMF
      1. SMF for masters
      2. Sinclair for all other
    - iii. Invite the ties
      1. Invite tied athletes if ties can't be resolved
3. The below caps will be in place to ensure representation across as many age and weight categories (based on initial registrations from the 2022 State Meet)
  - a. Open
    - i. Automatically invite the top 5 in each weight category regardless of ranking
  - b. Masters
    - i. Initial caps will be 20 for the below age groups
      1. 35-39
      2. 40-54
      3. 55+
        - a. Remaining 15 spots will be allocated as needed
    - ii. Continue using highest % if caps are not reached
  - c. U20
    - i. Initial caps will be 20 for the below age groups
      1. 13U
      2. 14-17
      3. Junior

- ii. Continue using highest % if caps are not reached
    - d. Unallocated Spots
      - i. Unused allocations will be offered to highest remaining lifters within their age/weight category
        - 1. Example – unused Open spots can be converted to Masters
          - a. In this case, those athletes will compete within their proper age/weight category
4. Quick and easy selection procedure description
  - a. All athletes preregister and provide their best total from Texas local events
  - b. All athletes are ranked based on their age/weight categories based on entry total divided by national championships qualifying total
  - c. All athletes are invited based on their rank within their age division
    - i. All #1 ranked athletes get invited, then #2, then #3, all the way until the registration limit is reached
5. Valid USAW Numbers
  - a. Please ensure you enter your correct USAW ID when you register
    - i. This will be how we validate your totals
      - 1. If this is incorrect, your entry total will not be validated, and you may not receive your invitation to register
    - ii. You must be a resident of Texas
6. Pilot Program (Non-Texas Residents)
  - a. Maximum number of extra lifters will be 16 split evenly among genders (8/8)
  - b. All ranking will remain the same as a function of highest confirmed entry total (nominator) divided by the aged based national championship qualifying total (denominator)
  - c. Entry totals will only be allowed from Texas local events
  - d. Will be considered 'Extra' lifters
    - i. Not able to place, score points, win any cash prizes, or set Texas State Records
    - ii. Will be notated on screen for coaches to easily identify
  - e. Volunteerism requirement
    - i. Must volunteer a certain number of hours during setup, TO, loading, data entry, and/or tear down
      - 1. Number of hours TBD
  - f. You must be in the Texas-Oklahoma WSO

## FAQs

### **Why the change from Tier 1/2?**

Two main reasons. We are always looking to improve our registration process and ensuring our top lifters get a chance to enter the event. The ranking system allows for ranking all lifters and inviting the top lifters versus a first come/first served registration process. The biggest reason for the change is that we no longer can run certain reports in BARS after the switch to the WSO. In the past we were able to run reports to check totals. That is not currently available to use.

**Cool, you can't run reports, so how are you going to validate totals?**

As of this writing, the only option is a painstakingly manual process. We will have to look at each lifter individually and compare those totals to events that are in BARS.

**Do you need help validating totals?**

Yes, we do. Please reach out if you can lend a few hours of work to help validate.

**I don't trust you. How can we be sure there is no funny business going on with validation?**

We will do our best to be as transparent as possible during the preregistration process. We will look at providing a shared Google sheet that will be updated along the way.

**What day will I lift?**

We generally follow the same lifting order:

- Friday – Special coach's sessions, masters, open
- Saturday – Masters, U20, open
- Sunday – Open (A sessions)